## ABSTRACT

An object of the present invention is to provide 5 an ink compositions which, when used with an ink jet recording apparatus, can realize excellent ink ejection stability while maintaining safety and catisfactory penetration of ink. The ink composition according to the present invention comprises at least a colorant, a 10 humeotant, a glycol monoether as a penetrating agent, a 1,2-alkanediol, and water, the weight ratio of the glycol monocther to the 1,2-alkanediol being in the range of 1:5 to 5:1. According to another aspect of the present invention, there is provided an ink 15 composition comprising at least a pigment, a dispersant for dispersing the pigment, a 1,2-alkanediol, and water as a main solvent, the content of the 1,2-alkanediol being 0.5 to 10% by weight based on the total amount of the ink composition.